

Orange Dreamsicles

♥ lowcarblove.com/blog/orange-dreamsicles

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Yields: 6

Orange Dreamsicle

Ingredients:

- 2 to 3 scoops orange flavored ultima (discount code: lowcarblove)
or 1 to 2 tablespoons orange flavoring
- 1 cup water
- 1 cup heavy whipping cream
- 1 tablespoon vanilla extract

Tajin Ice Pops

Ingredients:

- 1 cup water
- 2 to 3 scoops of orange ultima (discount code: lowcarblove)
- 1 to 2 tablespoons Sweetener
- ¼ cup liquid tajin or powdered

Directions:

1. In a small bowl, add water and electrolytes flavoring and mix well.
2. Add the heavy whipping cream and vanilla and mix until smooth.
3. Pour liquid into popsicle mold and freeze for 4 to 6 hours until firm.
4. Run some hot water over the popsicle mold for a few seconds to make it easier to release the popsicles from the mold.

For the Tajin Ice Pops:

1. Mix all the ingredients into a bowl with the water.
2. Mix until dissolved.
3. Add tajin to the mold and pour in the orange mixture.
4. Set in the freezer.

Nutrition:

Nutrition per serving (orange dreamsicles):

- 1g Net Carb
- 0g Fiber
- 1g Total Carbs
- 14g Fat
- 137 Calories

Nutrition per serving (Tajin Ice Pops):

- 0g Net Carb
- 0 Fiber
- 0g Total Carbs

- 3g Protein
- 0g Fat
- 27 Calories