Low Carb Champurrado



December 14, 2021





Cinnamon Water:

Ingredients:

- 4-5 cups water
- 2 cinnamon sticks

Champurrado:

Ingredients:

- 2 cups unsweetened almond milk or coconut milk
- 1/2 tbsp + 1 tsp molasses optional or use brown sugar sub
- ¾ cup sweetener
- 3/4 cup almond flour
- 2 tbsp cocoa powder

- 2 tbsp corn flour
- 2 tsp vanilla extract
- Pinch of salt
- 1/4 cup <u>Choc Zero</u> dark chocolate chips (discount code: LOWCARBLOVE)

Directions:

- 1. Make your cinnamon water. Add your water and cinnamon sticks to a pot and boil for 3-5 mins.
- 2. In a small stockpot, add your cinnamon water, almond milk, cocoa powder, almond flour, corn flour, chocolate chips and sweetener into the pot.
- 3. Mix until everything is combined, constantly stirring to ensure that nothing is sticking to the bottom.
- 4. Add your champurrado into your blender and blend until smooth!
- 5. Now, just add this back into your pot and heat your desired temperature. Enjoy!