

# Keto Thin Crust BBQ Chicken Pizza

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June 6, 2021



Servings: 10

## Dough:

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### Ingredients:

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- 1.5 cups of mozzarella cheese plus additional for topping
- 2 tablespoons of Parmesan cheese
- 2 tablespoons of cream cheese
- 1 teaspoon garlic powder
- 1 teaspoon italian seasoning
- 1 egg
- $\frac{3}{4}$  cup of almond flour

## Toppings

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### Ingredients:

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- Bbq sauce (homemade recipe on Keto Baby Back Ribs blog)
- $\frac{1}{4}$  cup of red onions

- 1 cup of shredded chicken

**Directions:**

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1. Preheat oven to 350 degrees.
2. Add all dough ingredients to a bowl and mix.
3. Roll thin.
4. Bake the crust in the prepared oven for 10 minutes or until slightly golden. Remove from oven.
5. Add sauce and toppings.
6. Bake for additional 15 minutes or until done.
7. Enjoy!

**Nutrition:**

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Nutrition per serving:

- 1g Net Carbs
- 1g Fiber
- 2g Total Carbs
- 9g Protein
- 9g Fat
- 134 Calories

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