Costco Chicken Bake Copycat

lowcarblove.com/blog/chicken-bake

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Servings: 6

Fat Head Dough

Ingredients:

- ullet 1.5 cups of mozzarella cheese plus additional for filling
- 2 tablespoons of cream cheese
- 1 egg
- 3/4 cup of almond flour

Filling

Ingredients:

- 3 chicken breast washed, dried, and chopped
- 2 tablespoons of olive oil
- 1 tablespoon of paprika

- ½ teaspoon of REAL <u>salt</u> (Discount code: Lowcarblove)
- 1/4 teaspoon of pepper
- 4 ounces of Cream cheese softened
- 2 ounces of mayonnaise
- 2 ounces of sour cream
- ½ tablespoons of dried parsley
- ½ tablespoons of Garlic Powder
- ½ tablespoons of Onion Powder
- 1 cup fiesta blend or any shredded cheese
- 6 to 8 bacon strips cooked and chopped

Egg Wash

1 egg whisked with 2 tablespoons of water

Directions:

- 1. Make dough, start by melting mozzarella cheese and cream cheese.
- 2. Add in remaining ingredients.
- 3. Knead until you get a dough.
- 4. Take your leftover chicken casserole, (click <u>chicken bacon ranch</u> <u>casserole recipe</u> for how to), break it up into pieces, and add one ranch packet and additional mozzarella cheese and mix well.
- 5. Roll out and fill with the chicken filling.
- 6. Wrap up the dough like a burrito.
- 7. Brush with the egg wash.
- 8. Preheat your oven to 350.

9. Bake for 15 to 20 minutes or until done.

Nutrition:

Nutrition per serving:

- 4g Net Carb
- 6g Total Carb
- 3g Fiber
- 34g Fat
- 28g Protein
- 432 Calories